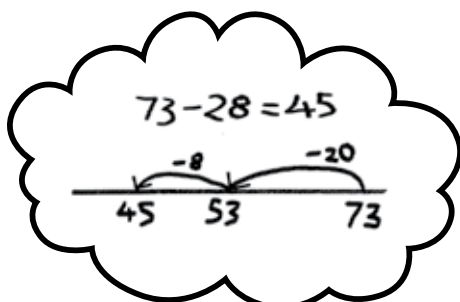


# The Experiment



FALL 2010

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Welcome to The Experiment! We are an independent publisher, established in 2009, focused on a wide range of nonfiction—much of it practical—including food (and how to grow, cook, and enjoy it), health and fitness, psychology and personal development, parenting, relationships, sexuality, personal finance, science, and nature. We're called The Experiment because every book is a test of new ideas—and because we're motivated by the curiosity and wonder of the unknown that drive every scientific experiment. Our books enlighten, empower, and entertain readers with new or freshly presented ideas, stories, and practices. Our scale is intimate, our books far-reaching.

This catalog presents our fourth seasonal frontlist—the new books we're publishing in fall 2010—as well as our soon-to-be and recently published titles—plus our fledgling backlist. We hope that you find one or more books that you might want to read, sell, buy, review, feature, blog about, cook from, give as a gift, license, translate, or otherwise enjoy!

MATTHEW LORE  
President & Publisher

**THE EXPERIMENT ■ NEW YORK**  
BECAUSE EVERY BOOK IS A TEST OF NEW IDEAS

www.theexperimentpublishing.com

# It's a Long Road to a Tomato

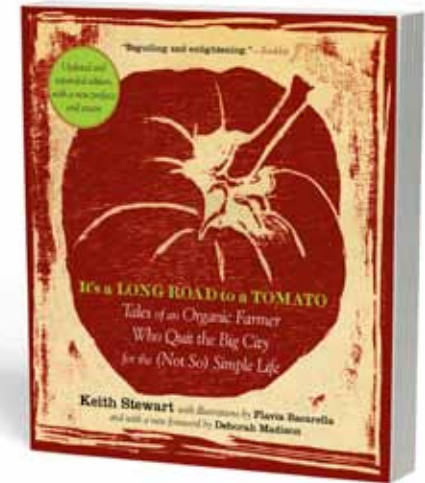
TALES OF AN ORGANIC FARMER  
WHO QUIT THE BIG CITY FOR  
THE (NOT SO) SIMPLE LIFE

REVISED AND EXPANDED SECOND EDITION

Keith Stewart

Illustrated by Flavia Bacarella

With a new foreword by Deborah Madison



**The acclaimed collection of essays on farming by revered Union Square Greenmarket farmer Keith Stewart—with new essays, illustrations, and a new foreword by Deborah Madison**

*"[A] heartfelt chronicle, sobering and amusing by turn. Although focused on the particular, it transcends Keith's Farm and illuminates exactly what it is that we are putting on our plates, whether we shop at Keith Stewart's stand in the Union Square Greenmarket or at a farmers' market elsewhere. It's a delicious read—but what makes it an important one is that it has so enriched the ongoing conversation about food."*

—from the new foreword by DEBORAH MADISON

"Beguiling and enlightening" —Booklist

"Stewart's book is a gift to cooks. Now, each time I cook with food from a farmer I know, I have a deeper and clearer idea of what really goes into growing healthy and delicious food and why our farmers are heroes." —PETER HOFFMAN, chef/owner of Savoy Restaurant, New York City

- ▶ 2010 will be Keith Stewart's twenty-fourth year at New York City's Union Square Greenmarket
- ▶ Keith, his produce, and his farm are featured regularly in New York-area media
- ▶ Addresses widespread concern about the environmental impact and ethics of mass-produced food

**KEITH STEWART** has run Keith's Farm in upstate New York since 1986. **FLAVIA BACARELLA**, Stewart's wife, teaches art at Lehman College. They live in Orange County, New York. **DEBORAH MADISON** has written eleven cookbooks, including *Vegetarian Cooking for Everyone* and *Local Flavors*. She lives in New Mexico.

### AUGUST

Nature | Gardening  
Black-and-white woodcut illustrations throughout  
7 x 8½ | 320 pages | CQ 22  
**\$18.95 U.S.** | \$23.00 Can. | World  
**TRADE PAPERBACK ORIGINAL**  
with French flaps  
978-1-61519-023-2  
E-book • 978-1-61519-125-3

theexperimentpublishing.com • 1



# The Sage's Tao Te Ching

ANCIENT ADVICE FOR THE SECOND HALF OF LIFE

TENTH ANNIVERSARY EDITION

William Martin  
Foreword by Chungliang Al Huang  
Illustrations by Hank Tusinski

► Now in print again after having been unavailable for the last 1½ years—and in steady demand by individual readers as well as teachers, speakers, and clinicians

► “I give all my friends with children *The Parent's Tao Te Ching*,” Oprah Winfrey said about William Martin's earlier book

A graduate of the University of California, Berkeley and Western Theological Seminary, **WILLIAM MARTIN** has studied the Tao for 25 years. He teaches tai chi, Zen, and meditation at The Still Point center, which he runs with his wife Nancy in Chico, California.

## AUGUST

Personal Growth | Eastern Religions  
Black-and-white ink brush drawings throughout  
4 x 8¼ | 140 pages | CQ 192  
**\$14.95 U.S.** | \$18.00 Can. | USCO  
**TRADE PAPERBACK ORIGINAL**  
978-1-61519-024-9  
E-book • 978-1-61519-128-4

## The tenth anniversary edition of William Martin's free-verse interpretation of the Tao Te Ching, written expressly for those coming into the fullness of their wisdom

**The third volume of a trilogy** that began with *The Parent's Tao Te Ching* in 1999 and continued with *The Couples' Tao Te Ching* in 2000, this is William Martin's indelible free-verse interpretation of Lao Tzu's Tao Te Ching, written specifically for all those coming into the fullness of their life and wisdom. “*The Sage's Tao Te Ching* is, for me,” Martin writes, “perhaps the most satisfying of my interpretations of Lao Tzu's words. Growing older, coming to terms with my successes and failures, facing my own mortality, and beginning to harvest my life in compassion and love for the world are the most profound tasks I have ever faced. I suspect it is the same for you.”

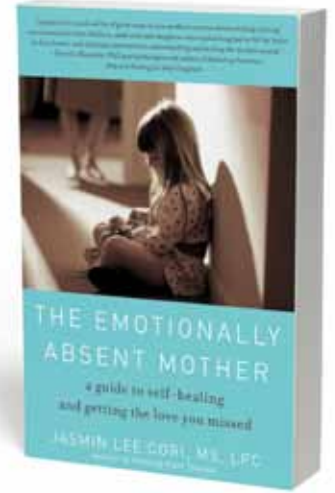
“Here is wisdom that is beauty and beauty that is wisdom. William Martin's final book of his Tao Te Ching trilogy is a masterpiece.”

—HUGH PRATHER and GAYLE PRATHER,  
authors of *The Little Book of Letting Go*

# The Emotionally Absent Mother

A GUIDE TO SELF-HEALING AND GETTING THE LOVE YOU MISSED

Jasmin Lee Cori, MS, LPC



## An invaluable guidebook for adults who were “undermothered” as children

**Children who are “undermothered”** often become adults who, decades later, still feel they don't have the support they need, have trouble forming intimate relationships, and have an unmet need to be nurtured. In *The Emotionally Absent Mother*, licensed psychotherapist Jasmin Lee Cori explains why this is so and what you can do to make up for the mothering you missed. She shows that what you thought of as personal defects can sometimes be linked to mothering deficits, relieving self-blame. And she explains how these missing elements can be made up for now—through therapy, close relationships, or providing them for yourself.

“With compassion and sparkling clarity, Jasmin Lee Cori describes the effects of being undermothered and what it takes to overcome them. Her book will be of great value to new mothers serious about creating a loving environment for their children, adult sons and daughters who want at long last to fill the holes in their hearts, and clinicians interested in understanding and healing the mother wound.”

—EVELYN BASSOFF, PHD, psychotherapist and author of *Mothering Ourselves: Help and Healing for Adult Daughters*

- Around one child in three has an insecure attachment to his or her mother
- Other books have overlooked the emotionally absent mother, who is too tired, busy or checked out to bond with her child
- Provides clear guidance for making up for the love one may have missed

Psychotherapist **JASMIN LEE CORI, MS, LPC**, specializes in treating survivors of childhood abuse and neglect. Her previous books include *Healing from Trauma*. She lives in Boulder, Colorado. Visit her at [www.jasmincori.com](http://www.jasmincori.com).

## SEPTEMBER

Personal Growth | Psychology  
5½ x 8¼ | 256 pages | CQ 48  
**\$14.95 U.S.** | \$18.00 Can. | World  
**TRADE PAPERBACK ORIGINAL**  
978-1-61519-028-7  
E-book • 978-1-61519-123-9



# I Can Feed Myself!

THE BABY-LED WEANING APPROACH TO INTRODUCING SOLID FOODS

Gill Rapley and Tracey Murkett

- ▶ Already a sensation in the U.K., coauthor Gill Rapley is the baby-led weaning movement's originator and leading authority
- ▶ Helps parents get an early start in addressing concerns about obesity and eating disorders in children
- ▶ Has inspired a vast online community of participating parents

A public health nurse for 20 years and the mother of three, **GILL RAPLEY** originated the theory of baby-led weaning as part of her master's degree. She lives in Kent, England. **TRACEY MURKETT**, a freelance writer and journalist, followed baby-led weaning with her daughter. She lives in London.

## SEPTEMBER

Parenting  
5½ x 8¼ | 256 pages | CQ 48  
**\$14.95 U.S.** | \$18.00 Can. | USCO  
**TRADE PAPERBACK ORIGINAL**  
978-1-61519-021-8  
E-book • 978-1-61519-124-6

**The definitive guide to baby-led weaning—the natural, no-fuss, no-purée method for starting babies on solid foods**

*I Can Feed Myself!* explodes the myth that babies need to be spoon-fed and shows why self-feeding is the healthiest way for a child to develop. The authors show how this commonsense, easy, and enjoyable approach to feeding children helps to develop a baby's natural abilities, including hand-eye coordination and chewing, and allows a baby to join in with family meals right from the start of the weaning process. It also encourages independence by allowing a baby to experiment with foods at his or her own pace and makes mealtimes more enjoyable and battles less likely. *I Can Feed Myself!* is a practical and authoritative guide to an innovative and exciting new method for introducing solid food, one that enables a child to grow up a happy and confident eater.

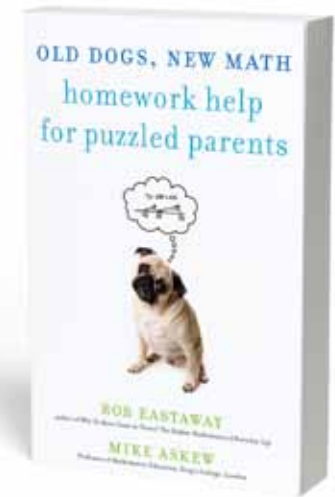
**"It sounds like common sense: After all, would you want to be strapped into a high chair and force-fed spoon after spoon of bland vegetables? It's surely much more exciting to be able to exercise a bit of control over your diet."**

—*The Guardian*

# Old Dogs, New Math

HOMEWORK HELP FOR PUZZLED PARENTS

Rob Eastaway and Mike Askew



**An essential companion for any parent who dreads being asked, "Can you help me with my math homework?"**

**One third of parents are not confident** when dealing with their children's math homework. Children are learning new-fangled ways to do math operations as basic as multiplication. *Old Dogs, New Math* guides parents through the basics of elementary school math and covers the dilemmas and problems they are most likely to be confronted with, including number lines, long multiplication and division, fractions and percentages, basic geometry, and much more. Complete with sample questions, mock exam papers, and examples of children's errors, *Old Dogs, New Math* will challenge and reassure parents in equal measure.

**"This book will take the terror out of math for all the generations."**

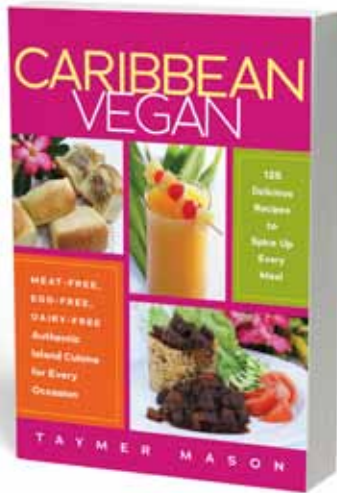
—JOANNA TROLLOPE

- ▶ Schools are teaching new techniques for even basic math exercises—so even math-savvy parents can be stumped
- ▶ In early 2010, President Obama announced a \$250 million initiative to boost math and science scores

**ROB EASTAWAY** is the author of numerous books that connect math with everyday life, including *Why Do Buses Come in Threes?*, which has sold over 100,000 copies worldwide. **MIKE ASKEW** is a Professor of Math Education at King's College London. He taught for several years in primary schools before moving to work in teacher education and is constantly in demand for his conference talks.

## SEPTEMBER

Mathematics | Study & Teaching  
Sample questions and diagrams throughout  
5½ x 8 | 368 pages | CQ 36  
**\$14.95 U.S.** | US  
**TRADE PAPERBACK ORIGINAL**  
978-1-61519-027-0  
E-book • 978-1-61519-126-0



## Caribbean Vegan

MEAT-FREE, EGG-FREE, DAIRY-FREE  
AUTHENTIC ISLAND CUISINE FOR  
EVERY OCCASION

Taymer Mason

- ▶ The first vegan cookbook to represent the unique fare of various Caribbean islands, by the creator of an internationally popular cooking blog
- ▶ Provides a thorough introduction to Caribbean culinary methods and history, drawing on the Caribbean's long-established vegetarian tradition

**TAYMER MASON** went vegan at university and discovered that, far from being limiting, it was an exciting new way to cook. She writes the popular blog *Vegan in the Sun* ([CaribbeanVegan.wordpress.com](http://CaribbeanVegan.wordpress.com)). She is from Barbados.

### OCTOBER

Cooking | Vegetarian & Vegan  
Includes a 16-page, full-color photo insert

7 x 9 1/8 | 256 pages | CQ 30

**\$18.95 U.S.** | \$23.00 Can. | World  
**TRADE PAPERBACK ORIGINAL**

978-1-61519-025-6

E-book • 978-1-61519-122-2

**From the kitchen of popular vegan blogger Taymer Mason, 125 delicious, spicy, and authentic recipes culled from across the Caribbean**

There's far more to Caribbean cooking than coconuts and mangoes—Eggplant Choka, Creole Ratatouille, and Split Pea Dahl, for starters. Drawing on generations of family tradition, author Taymer Mason serves up over 125 recipes that capture the local flavors of Barbados, Trinidad and Tobago, Saint Lucia, and more—with appetizers, entrees, breads, drinks, and ice cream that are *anything* but bland. Unfamiliar with cassava? Unsure how to cook with those extremely hot peppers? You won't be for long. Drawings, sidebars, and enticing color photos make this the perfect introduction to Caribbean cuisine. Here is unforgettable food that takes you island hopping in your own dining room. *Caribbean Vegan* is more than just a cookbook—it's a treasure trove of hearty, spicy, and tropical meals from the Caribbean.

## Quick and Easy Vegan Celebrations

FESTIVE MENUS AND 130 GREAT-TASTING RECIPES THAT GIVE EVERY VEGAN REASON TO CELEBRATE ALL YEAR

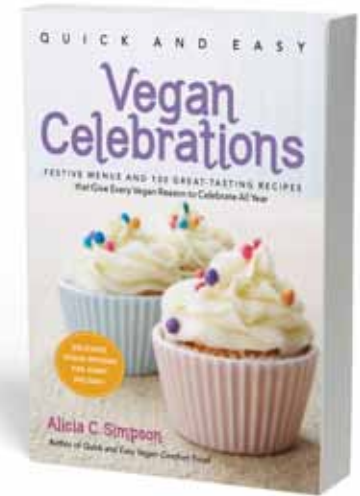
Alicia C. Simpson

**Over 130 festive recipes for delicious, traditional holiday and get-together fare that's quick, easy, and vegan-friendly**

*Quick and Easy Vegan Celebrations* is an indispensable cookbook for vegans and for anyone with vegan or vegetarian friends. Whatever the occasion, celebrants can learn to serve delicious, traditional holiday fare without using milk, eggs, or meat. *Quick and Easy Vegan Celebrations* updates classic holiday recipes to be vegan-friendly and as delicious as ever. Readers will find everything needed for New Year's Eve, Pro Football's January championship game day, Valentine's Day, St. Patrick's Day, Easter, Cinco de Mayo, Independence Day, Thanksgiving, Hanukkah, Christmas, Kwanzaa, and birthdays. Author Alicia C. Simpson takes the guesswork out of menu planning with over 100 festive new recipes—so all readers have to do is have fun cooking, partying . . . and eating!

### Also Available:

***Quick and Easy Vegan Comfort Food*, page 12.**



- ▶ More than 18,500 copies in print of *Quick and Easy Vegan Comfort Food*
- ▶ Over 6 million Americans are vegan, a number that continues to rise as celebrities such as Alicia Silverstone (*The Kind Diet*) and others evangelize for the many benefits of vegan eating
- ▶ Specifically addresses holiday cooking, making it suitable for even nonvegans hosting vegan guests

**ALICIA C. SIMPSON** is the author of *Quick and Easy Vegan Comfort Food*, the founder of Lici's Sweet Treats Organic Bakery, and the creator of the popular *Vegan Guinea Pig* blog ([veganguineapig.blogspot.com](http://veganguineapig.blogspot.com)). She lives in Atlanta.

### OCTOBER

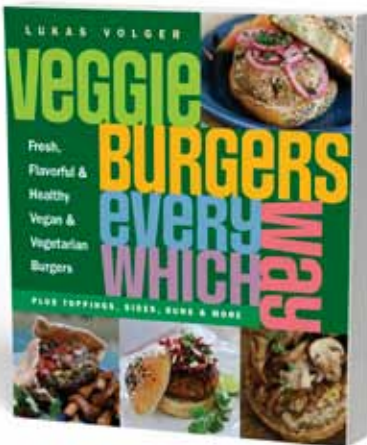
Cooking | Vegetarian & Vegan  
Includes a 16-page, full-color photo insert

7 x 9 1/8 | 256 pages | CQ 30

**\$18.95 U.S.** | \$20.50 Can. | World  
**TRADE PAPERBACK ORIGINAL**

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E-book • 978-1-61519-127-7



## Veggie Burgers Every Which Way

FRESH, FLAVORFUL AND HEALTHY VEGAN AND VEGETARIAN BURGERS—PLUS TOPPINGS, SIDES, BUNS AND MORE

Lukas Volger

- ▶ 32 inventive, flavorful burger recipes, a foolproof cooking method, and mouthwatering photos throughout
- ▶ More than half the recipes are vegan and/or gluten-free
- ▶ Encouraged by Michael Pollan (“Eat food, mostly plants”), Mark Bittman (“Vegan until 6 pm”), and others, more people are turning daily to a primarily or an exclusively vegetarian diet

**LUKAS VOLGER** has worked for many years at food establishments in New York City and in his native Idaho as a baker, caterer, prep cook, server, and occasional dishwasher. A longtime enthusiast of veggie burgers and vegetarian cuisine, he lives in Brooklyn, New York.

**JULY**

Vegan & Vegetarian Cooking  
Color photographs throughout  
6½ x 7 | 192 pages | CQ 40  
**\$16.95 U.S.** | \$21.50 Can. | World  
**TRADE PAPERBACK ORIGINAL**  
with French Flaps  
978-1-61519-019-5  
E-book • 978-1-61519-120-8

**Calling all vegetarians and vegans! You’ll never feel like second-class burger eaters again. And omnivores—join the party!**

Whether you already subsist on veggie burgers, enjoy them occasionally, or ardently wish there was an alternative to the rubbery, over-processed frozen burgers sold in cardboard boxes, you will want to cook from *Veggie Burgers Every Which Way* over and over again.

“A terrific book! I’ve never been a fan of veggie burgers. . . . But Lukas Volger has just the right idea: Make real food with real flavor—and burgers that go far beyond any microwavable snack. . . . I’m headed to my kitchen right now.”

—DEBORAH MADISON, author of *Vegetarian Cooking for Everyone* and *Vegetarian Suppers from Deborah Madison’s Kitchen*

“Lukas Volger’s burgers are made with real food—fresh produce, whole grains and beans, fresh herbs and spices—combined with imagination and great taste. This appealing book is the best collection of vegetarian burgers I’ve ever seen, a refreshing departure from the over-processed veggie burgers of yore.”

—MARTHA ROSE SHULMAN, Recipes for Health, nytimes.com and author of *Mediterranean Harvest*

## The Safe Food Handbook

HOW TO MAKE SMART CHOICES ABOUT RISKY FOOD

Heli Perrett, PhD

**A comprehensive, how-to guide to food safety written for the millions of health-conscious but busy Americans who want to know how to eat safely**

Forget waiting for improvements by the food industry or by government regulators. Food-issues expert Dr. Heli Perrett distills a mass of complex information into one accessible book. With a focus on foods that Americans love, *The Safe Food Handbook* covers seafood, eggs and egg products, dairy, legumes, fruits and vegetables, meat and poultry, grains, nuts, herbs, and spices, addressing consumers’ concerns about bacteria, hormones, additives, chemicals, antibiotics, toxins, irradiation, and even wax on produce.

**DR. HELI PERRETT** is a sociologist, bacteriologist, and expert on food and women’s issues. She has served as a senior technical specialist on the staff of the UN Development Agency and at the World Bank. She lives in Oakland, California.



- ▶ Essential for pregnant women and parents
- ▶ The *New York Times* has covered food dangers exclusively

**AUGUST**

Food Reference | Health  
5½ x 8¼ | 304 pages | CQ 48  
**\$15.95 U.S.** | \$20.00 Can. | WE  
**TRADE PAPERBACK ORIGINAL**  
978-1-61519-017-1  
E-book • 978-1-61519-119-2

## Fit for Love

CONDITION YOUR BODY TO MOVE IN WAYS THAT FEEL WONDERFUL TO YOU AND YOUR LOVER

Billy Sunday Mars

**From charismatic Bay Area romantic fitness expert Billy Sunday Mars—featured locally on ABC-TV’s *A View from the Bay*—a one-of-a-kind guide to training the body for passionate sex**

With erotic integrity, humor, and fun, *Fit for Love* teaches how to find, prepare, and stimulate areas of the body that can make ordinary sexual positions extraordinary—increasing sexual enjoyment for yourself and your lover.

**BILLY SUNDAY MARS**, orphaned as a teen, dove into boxing, Eastern philosophies, and dance in his search for understanding life, love, and God. Billy has fused his understanding of spirituality, sexuality, martial arts, and dance into his proprietary “Fit for Love” program. He teaches “Fit for Love” and related classes in San Francisco and Marin County, California, where he lives.



- ▶ Focuses on training the pelvic area and finding pleasure points
- ▶ A “prequel” to the *Kama Sutra*

**JULY**

Health & Fitness | Sexuality  
Black-and-white photos throughout  
7 x 8 | 240 pages | CQ 24  
**\$16.95 U.S.** | \$22.00 Can. | World  
**TRADE PAPERBACK ORIGINAL**  
978-1-61519-009-6  
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# How to Be a Sister

A LOVE STORY WITH A TWIST OF AUTISM

Eileen Garvin

- ▶ One of the first books to address autism from a adult sibling's point of view
- ▶ Autism prevalence continues to skyrocket—the most current data indicates one in 110 children in America has autism
- ▶ An Indie Next Notable

**“Throughout the course of my life, I’ve only been certain of two things: I am the youngest of five children, and I am my sister Margaret’s older sister. Even though she was born three years earlier than I, I was the caretaker, the dependable one, and, as far as I can see, always will be.”**

**Eileen Garvin's older sister, Margaret, was diagnosed with severe autism at age three.** Growing up alongside Margaret wasn't easy: Losing a blue plastic hairbrush could leave Margaret inconsolable for hours, and a quiet Sunday Mass might provoke an outburst of laughter, swearing, or dancing. *How to Be a Sister* begins when Eileen, having moved back to the Pacific Northwest after several years in New Mexico, must grapple anew with the question that has dogged her since birth: What is she going to do about Margaret? How can she have a relationship with someone who can't drive, send email, or telephone? A deeply felt, impeccably written memoir, *How to Be a Sister* will speak to anyone who sometimes struggles to connect with someone difficult or different.

**“Garvin’s storytelling abilities are strong, and her fierce, protective love for Margaret, whom she brings to stinging life on the page, gives this book real power.”**  
—*The Washington Post*

**EILEEN GARVIN** was born and raised in the Pacific Northwest. The youngest of five children, she has always been close to her sister Margaret. She completed her B.A. in English at Seattle University, and her M.A. in English at the University of New Mexico. She writes for newspapers, magazines, and Web sites from Hood River, Oregon, where she lives with her husband.

### RECENTLY PUBLISHED

Relationships | Memoir  
5½ x 8¼ | 272 pages | CQ 48  
**\$15.00 U.S.** | \$18.95 Can. | World  
**TRADE PAPERBACK ORIGINAL**  
with French Flaps  
978-1-61519-016-4  
E-book • 978-1-61519-117-8

# Debt-Free Forever

TAKE CONTROL OF YOUR MONEY AND YOUR LIFE

Gail Vaz-Oxlade

“Vaz-Oxlade has tied together all the advice she has given over eight seasons of *Til Debt Do Us Part* in her latest book—*Debt-Free Forever*... She writes the way she talks, so the book is entertaining and easy to read. Many of the tips are useful even for those who aren't in debt.”  
—*Windsor Star*

“If you haven't discovered Gail Vaz-Oxlade, host of *Til Debt Do Us Part*, you should. [Her] no-nonsense manner and concrete advice is entertaining on television—but also a useful way to start the process of getting control of your money.”  
—*More magazine*

**GAIL VAZ-OXLADE** has been a personal-finance writer and columnist for 25 years. She delivers her no-nonsense approach to money management as host of the television show *Til Debt Do Us Part*, which airs in the U.S. on CNBC-TV, as well as in more than 30 other countries, reaching millions of viewers each week.

# A Modern Dog's Life

HOW TO DO THE BEST FOR YOUR DOG

Paul McGreevy, PhD, MRCVS

“Science, experience, and common sense—Paul McGreevy brings all three to this amazing new book. Your dog will want you to read it.”  
—MARK EVANS, Chief Veterinary Adviser,  
The Royal Society for the Prevention of Cruelty to Animals

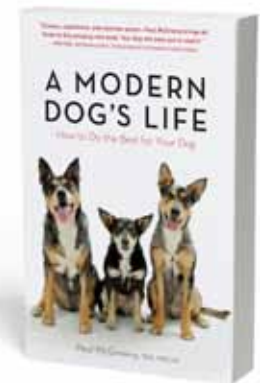
“*A Modern Dog's Life* combines sensible information with charming wit; this is an entertaining guide for new and veteran dog owners alike.”  
—KEN FOSTER, author of *The Dogs Who Found Me*

**PAUL MCGREEVY, PHD, MRCVS**, has worked with and studied animals professionally for more than twenty years. He is an associate professor at the University of Sydney's Faculty of Veterinary Science, where his research focuses on the behavior and welfare of dogs and horses, and is the author of six books and more than 80 peer-reviewed articles on animal behavior. He is also the proud owner of three dogs: Wally, Neville, and Tinker (pictured on the front cover the book).



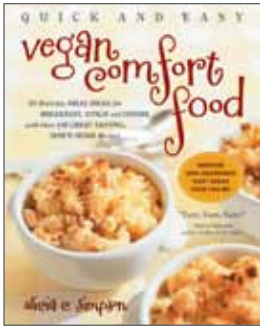
- ▶ #1 Bestseller in Canada
- ▶ Two episodes of *Til Debt Do Us Part* appear back-to-back in the U.S. on CNBC every Saturday night

**RECENTLY PUBLISHED**  
Personal Finance  
5½ x 8¼ | 320 pages | CQ 48  
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- ▶ Explanations of canine behavior, with insights from recent studies
- ▶ Over 40 B&W photographs

**RECENTLY PUBLISHED**  
Pet Care | Dogs  
5½ x 8¼ | 328 pages | CQ 48  
**\$15.95 U.S.** | \$19.50 Can. | USCO  
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978-1-61519-018-8  
E-book • 978-1-61519-118-5



## Quick and Easy Vegan Comfort Food

65 EVERYDAY MEAL IDEAS FOR BREAKFAST, LUNCH AND DINNER WITH OVER 150 GREAT-TASTING, DOWN-HOME RECIPES

Alicia C. Simpson

“Yum. Yum. Yum!” —SARAH KRAMER, coauthor of *How It All Vegan*

► More than 18,500 copies in print

Vegan Cooking  
7 x 9 1/4 | 248 pages | CQ 32  
**\$18.95 U.S.** | \$23.50 Can. | World

**TRADE PAPERBACK ORIGINAL**  
978-1-61519-005-8  
E-book • 978-1-61519-109-3

## Strong Waters

A SIMPLE GUIDE TO MAKING BEER, WINE, CIDER AND OTHER SPIRITED BEVERAGES AT HOME

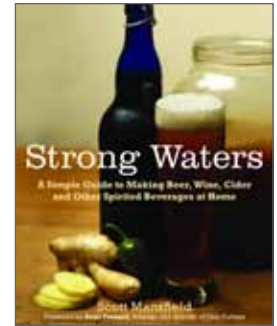
Scott Mansfield

Foreword by Anya Fernald

Makes a grand tradition accessible for today’s enthusiasts, with recipes for longtime favorites and forgotten delights.

Cooking & Wine  
Includes an 8-page, full-color photo insert  
6 5/8 x 9 1/4 | 264 pages | CQ 30  
**\$18.95 U.S.** | \$24.50 Can. | World

**TRADE PAPERBACK ORIGINAL**  
978-1-61519-010-2  
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## Artisanal Gluten-Free Cooking

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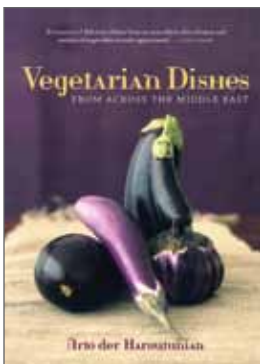
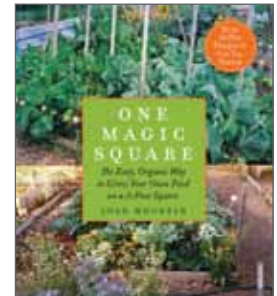
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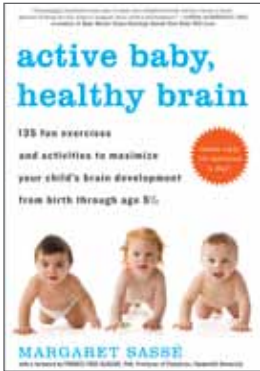
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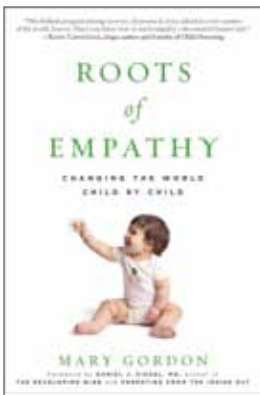
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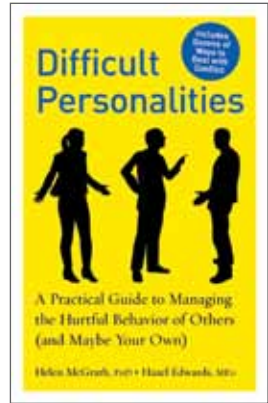
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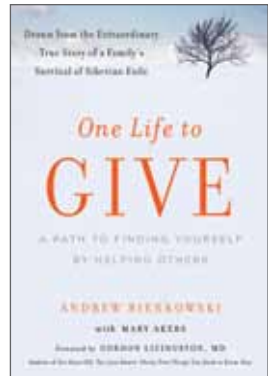
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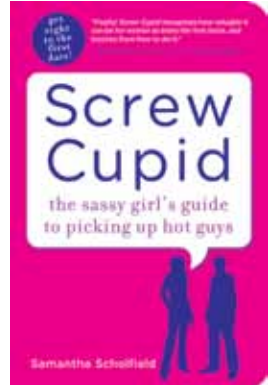
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